# VALUE FOR YOU

# Madison Metropolitan School District

January 11, 2006



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**GHC** Presenters:

### Larry Zanoni – Executive Director

Dr. Michael Ostrov – Medical Director

Sally Borton – Sales and Marketing Director



### 30 Year Partnership

- 2006 marks our 30<sup>th</sup> year of working together
- MMSD has offered GHC since GHC's inception (1976)
- Partnership's impact to GHC's success

## GHC History

- Dane County's first federally qualified Health Maintenance Organization (HMO)
- GHC began providing patient care in March of 1976
- Grown from zero to over 55,000 members
- Madison's only staff model HMO
- Member sponsored governed by a consumer Board of Directors
- Not for profit 501(c)(3) organization



Our Mission is to provide accessible and high quality primary care with an emphasis on prevention.



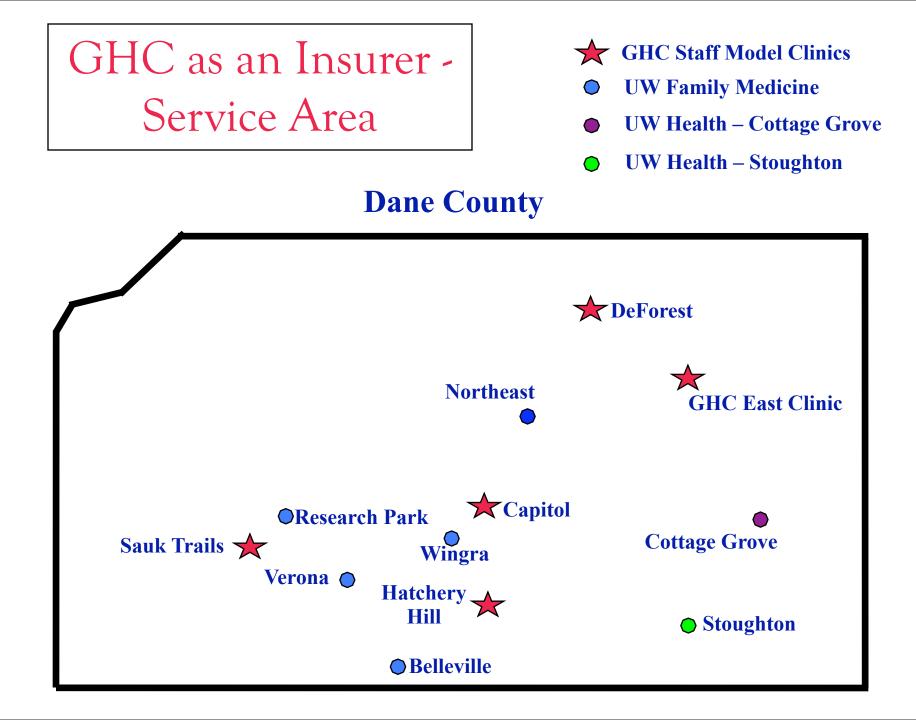


## HMO Plan

GHC provides Madison Metropolitan School District:

- Comprehensive benefit package
- Choice of four provider networks
- Choice of four affiliated hospitals





## GHC Primary Care Networks

### GHC Staff Model

- Capitol
- East Clinic
- Hatchery Hill
- Sauk Trails
- De Forest

### UW Health -University Community Clinics

- Cottage Grove
- Stoughton

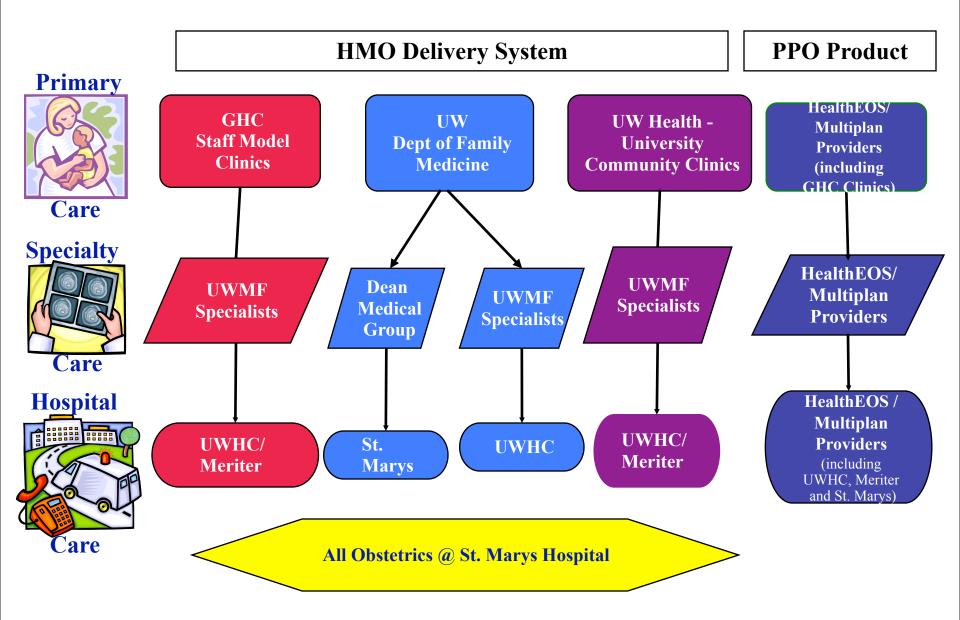
### UW Health -Dept of Family Medicine

- Belleville
- Verona
- Wingra
- Northeast
- Research Park

Refer to the GHC Provider Directory or go to www.ghc-hmo.com for more information



### GHC as an Insurer



### GHC PPO Plan

 GHC PPO product is a dual choice offering alongside of GHC HMO benefit

 The PPO network that is offered is HealthEOS by MultiPlan, Inc.

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- HealthEOS as the Wisconsin PPO network offers: 18,000+ Providers
- GHC Staff Model providers are In-Plan providers only when enrolled with GHC
- MultiPlan, Inc. as the national PPO network offers: 500,000+ Providers
- Similar benefits to current WPS PPO plan



### Member Services

- Knowledgeable of all GHC insurance certificates and plans
- Help with benefits, claims, referrals and clinic services
- Inquiry/Issue resolution
- Resource for members who use GHCMyChart

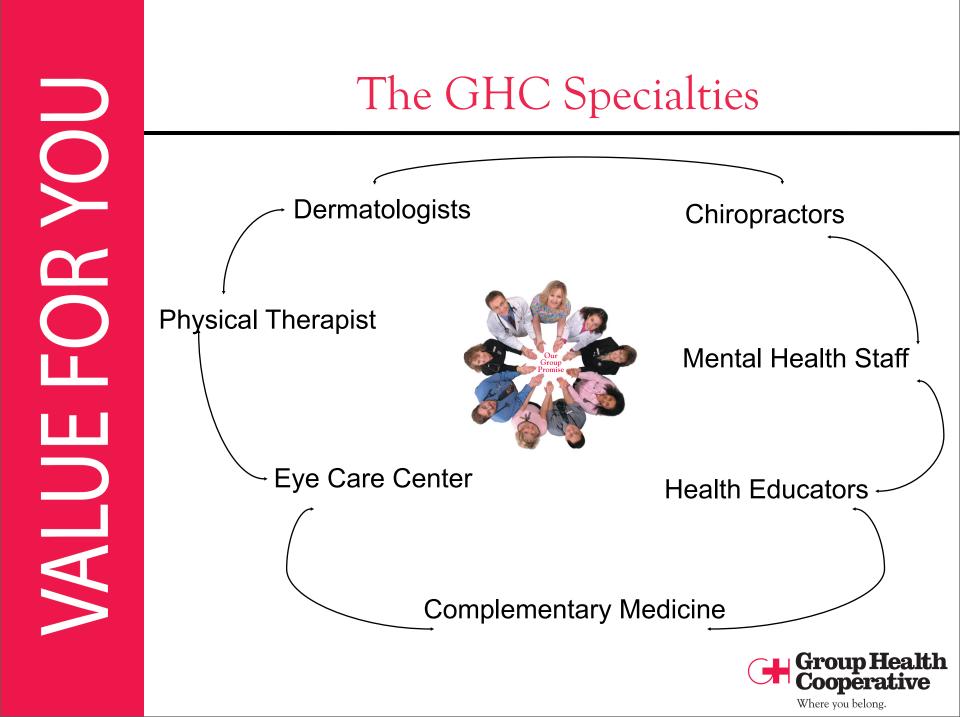


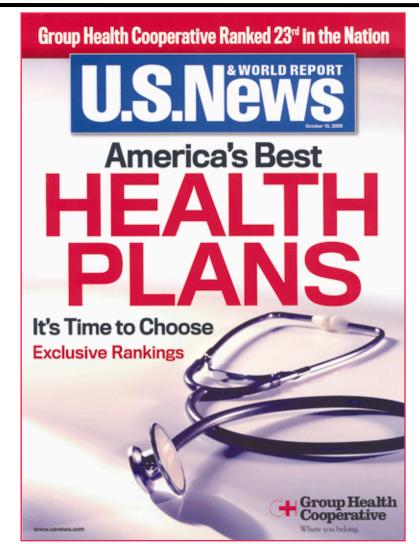
### Focus on Primary Care & Prevention

### **Primary Care is GHC's "Specialty"**

- Family Practice, Internal Medicine and Pediatrics
- Members select a primary care physician
- These physicians guide patients through the medical maze
- They coordinate with UW and Dean specialty care









GHC's Achievement

- Recognized in <u>U.S. News and World Report</u> (October 3, 2005)
- GHC was ranked 23 out of 257 commercial health plans.
- Ranking based on GHC's scores from HEDIS, CAHPS and our recent NCQA site visit.
- GHC was the <u>only</u> health plan in Dane County to be listed in the Top 25 plans.



NCQA Accreditation (National Committee on Quality Assurance)

### • What Is It?

- Accredits 600 health plans nationally.
- Fulfill > 100 standards.

### • Why Is It Important?

- Accountability to members and their employers

## GHC was Wisconsin's first health plan to receive full NCQA accreditation.



## 5 Components of Healthcare Rated by NCQA

### GHC received the highest marks in all 5 areas!

- Access & Service
- Qualified Providers
- Staying Healthy
- Getting Better
- Living with Illness





## Other Measures of Quality

### **HEDIS** (Health Plan Employer Data Information Set)

• What is it?

Clinical quality performance measures (Example: Excellent control of patients with diabetes)

• Why is it Important?

Benchmarks performance against the best in the nation



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## Other Measures of Quality

### CAHPS Survey (Consumer Assessment of Health Plans)

• What is it?

CAHPS asks members about their own satisfaction with care and service.

• Why is it Important?

GHC compares itself to local health plans and national benchmarks.



## Focus On Health Promotion

- <u>Educational classes for:</u> Diabetes, Cardiovascular Disease, Obesity and Tobacco Cessation
- Counseling Visits with: Health Educators at GHC clinics

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• <u>Multidisciplinary Project Teams for</u>: Obesity, Diabetes, Asthma, Hypertension and Cardiovascular Disease

#### Disease Monitoring using:

Phone outreach and reminder letters to ensure regular follow-up and quality care for patients with chronic diseases

• <u>Emphasis on Preventive Services including:</u> Immunizations, mammograms, prenatal care and others



## Preventive Health Projects

- Childhood & Adult Immunizations
- Breast Cancer Screening
- Smoking Reduction
- Colon Cancer Screening
- Patient Safety



### Disease Management Projects

- Asthma
- Heart Disease Prevention
- High Blood Pressure Control
- High Cholesterol Treatment
- Diabetes Care



## Service Projects

- Appointment Open Access
- Clinic Telephone Access
- Specialty Access & Satisfaction



Value Added Services

GHC provides comprehensive value added services than any other local health plan.



## Worksite Wellness

We are pleased to offer the following services to your GHC member employees:

- Health Risk Assessment (HRA)
- Blood Sugar Screening
- Blood Pressure Screening
- Body Fat Analysis
- Carbon Monoxide Screening
- Cholesterol Screening
- Flu Shots (seasonal)
- Customized Educational Seminars



R YOU VALUE Complementary Medicine And Wellness Center

- First HMO to provide coverage for service
- Integrating therapies with primary care practices
- 16,000 appointments made in 2005





## Chief Of Complementary Medicine

### Nancy Selfridge, MD

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- Board Certified in Holistic Medicine
- Family Practice physician
  for over 20 years
- Offers wellness evaluations





## Complementary Medicine Services

- Acupuncture
- CranioSacral Therapy
- Energy Work
- Massage Therapy
- Massage for Cancer Patients
- Mind/Body Therapy
- Naturopathic Medicine
- Wellness Evaluation
- Classes: Yoga, Pilates, Tai Chi
- And More...





## **GHCMyChart**<sup>SM</sup>



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Area's first health plan to introduce EpicCare... the nation's premier Electronic Health Records (EHR) system.

Over **20,000** Members have signed up and access their personal information on-line through **www.ghcmychart.com**.

On-line Personalized

Secure



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### GHCMyChart Features Highlight

- Communicate with clinic staff through secure messaging
- Schedule appointments on-line
- View released test results
- Access the Healthwise® Knowledgebase
- Order prescription refills and renewals
- Manage referrals to specialists
- Access insurance and account information



# **KidsChart**®



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### **KidsChart**®

Parents can access their children's records online.

Example: Immunizations for summer camp



### Exercise for Excellence

- Enhanced fitness program for member's at GHC approved health clubs
- Annual reimbursement of \$100 per individual or \$200 per family
- Very flexible: Work out 60 times during a six month period



## GHC - Where Members Belong...

- Focus on primary care excellence
- #1 local HMO for NCQA quality initiatives
  - Ability to access care quickly

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- Customer service satisfaction
- Member sponsored not-for-profit cooperative



### Summary

- Reinvest in our membership
- Innovative programs for our members
- Only HMO in Wisconsin to receive an "A+" for **financial stability** in 2005 from Weiss Ratings, Inc.



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GHC Thanks You For Your Business!



